

# Home Visiting in The District

## What is Home Visiting?

Access to resources and a supportive community help parents build a stable foundation for their children's development. Home visiting is an individualized service that connects expectant families and families with children 5 and under with a trained professional who assesses family needs, educates and supports parents, and refers families to community resources.

Home visitors promote positive outcomes by building strong and trusting relationships with families. Trust is essential to enable families' comfort sharing their concerns challenges with home visitors, especially when their challenges are created by racist and inequitable systems.

## What does a Home Visit Look Like?

Home visiting is free and voluntary for families, and families choose where they want to meet with their home visitor, in their home or another safe and familiar location.

Home visiting programs implement curriculum that focuses on improvement in one or more of the following areas:

- Child social, emotional, and cognitive development
- Child school readiness
- Maternal or child health
- Pregnancy outcomes
- Timing of subsequent births
- Child and family safety
- Parenting skills and practices
- Parental education, employment, and other parental factors linked to child development

## Key Facts for 2023:

- **13 organizations** operate **17 home visiting programs**
- Over **72 home visitors** delivered **22,500 home visits** to almost **1,400 families**

## Key Outcomes:

### HOME VISITING IMPROVES

- Child health and development
- Child school readiness
- Maternal health and educational outcomes
- Parent confidence to care for children
- Family economic self sufficiency

### HOME VISITING PREVENTS

- Low-weight and preterm births
- Child abuse and neglect
- Foster care placements
- K-12 grade repetition and special education placement
- Interactions with the criminal justice system
- Intimate partner violence



**“Home visiting has taught me a lot! Because of my age, being a mom has been very difficult for me. My home visitor has been a great support for me and teaches me many things about my baby as she grows, step by step” -Amy**

**“As I spent time with my Home Visitor, I saw how helpful and knowledgeable she was and began to open up. Through her support, I learned about many resources that were available to my family and gained confidence in advocating for myself and navigating the unknown.” -Rosa**

# DC Home Visiting Programs

Organization	Program	Primary Population	Capacity
<b>Bright Beginnings</b>	Home-Based Program	Expectant parents and families with children up to 3 years old experiencing homelessness	40 families at a time
<b>CentroNia</b>	Early Head Start Home-Based Program	Expectant parents and families with children up to 3 years old who are low-income or experience multiple overlapping adversities	56 families at a time
<b>Community Family Life Services</b>	Parent Education and Home Visitation Program	Returning citizens reunified or seeking to reunify with children and parents experiencing homelessness or domestic violence	125 families annually
<b>Community of Hope</b>	Healthy Families America Program	Expectant parents and families living in Wards 5, 7, 8 or homeless who are experiencing a high number of stressors.	48 families at a time
	Parents as Teachers Program	Expectant parents and families with children 3 and under living in Wards 5, 7, 8 or homeless who are experiencing a high number of stressors.	60 families at a time
<b>Family Place</b>	HIPPY Home Visiting	Immigrant and displaced families with low incomes that are expecting or have children under 5 years old	50 families annually
<b>Generation Hope</b>	Next Generation Academy	Teen parents in college at a 2 or 4 year university with children 5 and under	35 families annually
<b>Georgetown</b>	Parent Support Program	Parents with developmental and intellectual disability that are expecting or have children 5 years old and under	40 families annually
<b>Healthy Babies Project Inc</b>	Healthy Babies Project Home Visiting Program	Pregnant teens and parenting youth and families experiencing homelessness with children 5 years old and under	42 families at a time
<b>Mamatoto Village</b>	Mothers Rising	Medicaid eligible pregnant and parenting people less than 12 weeks postpartum	450 families annually
<b>Martha's Table</b>	Family Visiting	Expectant parents or families with children 3 years old and under that live in Ward 7 or 8	33 families at a time
<b>Mary's Center</b>	Father-Child Attachment Program	Any caregiving father or father figure with a child 5 and under who resides in the District.	50 families at a time
	Healthy Families America Program	Expectant parents and families with children 5 years old and under who are experiencing complex needs	100 families at a time
	Nurse Family Partnership of DC	First-time pregnant people within the first 28 weeks of gestation	100 families at a time
	Parents as Teachers Program	Any caregiver that is pregnant or has a child 5 years old and under in the District	90 families at a time
<b>Rosemount Center</b>	Early Head Start Home-Base Program	Expectant parents and families with children 3 years old and under that have low-incomes	77 families at a time
<b>United Planning Organization</b>	Home-Based Program	Expectant families with children under 3 that have low-incomes, are experiencing homelessness, foster care, or receiving public assistance	94 families at a time